

Focus in trigeminus-area

Definitions of focus in general

(Kellner, Huneke, Bergsmann)

- Mostly a hidden area of chronic inflammation with some or no symptoms in this area, but it can cause irritations in other areas of the body.
- Around a non-dissolving process (own or foreign material) persists a subchronic inflammation with lymphocyt and plasma-cellular infiltrations.
The extension of such infiltrations depends on the influence of other loads of the body (infections, stress ...)
- Causing a desintegration of the matrix-system (according to Pischinger) and it has influence to all humoral-, neural- and other regulation systems (lymphatic- and immune system, ...)
- Normally the quantum of interference doesn't make positive serologic parameters.
But the tension of segmental muscles increases, it causes vegetativ symptomatic and the swollen cutis / subcutis correspond to projection syndromes (Head, ...)
- Almost every area of the body can become a focus !
almost every chronic disease call for focus !

Focus - predilections in trigeminus-area

- **Chronic inflammations**
Tonsils (they are mostly involved), sinus, teeth
- **Teeth**
 - Teeth with root fillings
 - Granulomas, otitis, resections, ...
 - Special attention to teeth Nr. 8
 - Empty tooth space
- **Scars:** cuts, operations
- **Intracorporal foreign material:**
 - Amalgam, fillings and crowns, dentures
(Also piercing, ear-rings...)

Notice: 90 % of all focus areas on the body are on trigeminus-area

Focus - when to think about and how to find

→ **Remember: A focus is a constant disintegrating source and produces a changed resistance and a reduced power to heal (defect healings!)**

- **Think about**
 - a strange development of illness
 - a chronic development of illness
 - an uncountable failure of therapy
 - a degenerative syndrome
 - an inadequate excessive reaction (including allergy)
- **Attention to scars and other possible focus-areas with special qualities**
 - Reactive to weather-changes
 - Itches or tension
 - Emotional connection
 - Be felt by additional burden (infection, distress, ...)
- **Mostly involved and suffering structural areas**
 - Neck
 - Shoulders, arms
- **To Find:**
 - **Palpation:** a focus produces an alteration in the cutis, subcutis, muscularity, in the referred segmentations and in the vegetative system.
 - Palpation, if properly learned, is a subtil and efficient diagnostic instrument for these alterations
 - **Applied Kinesiology:**

Focus - how to diagnose and how to evidence with AK and “Neuraltherapie”

● First step:

- Evaluation of functional restrictions (for example a shoulder)
- Testing of muscles which are related to the problem
- Challenges to rise the problem to the surface

● Second step:

- Evaluation of possible focus areas
 - TL/Ch to scars → especially if there is suspect anamneses
 - TL/Ch to possible chronic inflammation areas
 - projection areas of tonsils, sinus
 - TL/Ch to those teeth (also empty teeth areas), which possibly could cause the problem

● Third step:

- Evaluate the connection between the focus and the structural problem
 - use “double-TL / Ch”

● Fourth step:

- Test a proper treatment substance
- Make a test - treatment

● Fifth step:

- Re-evaluation of the previous functional restrictions
- Re-testing of muscles which are related to the problem
- Re-challenges which rise the problem to the surface

- **“Neuraltherapy” - an efficient focus therapy**
(therapeutic local anaesthesia)

To use for:

- Focus - therapy: it normalises the regulation system
→ it interrupts and dissolves interferences to areas far away
- Therapy of the trigger points: points with referred pain,
→ efficient to painreducing, degeneration,
- Injection in the involved segment: cutis, muscle and periost
→ effekts: local reflexes, segmental regulatoric network
- Injection on the nerv trunk or ganglion:
→ pain and vegetative regulation
- i. v. application:
→ central and vegetative regulation

- **The power of „Neuraltherapy“**

- It isolates the disintegrating focus for a period of time, so you can evaluate the structural problem without the irritation-input from far away areas
- It improves blood flow and metabolism in this focus area on the highest level
→ that's one reason why this kind of therapy often resolves such problems
- the length of improvement correlates directly with the prognoses of resolving the problem
- You can combine it easily with other treatments (allopathic, homeopathic and other therapies)
- AK helps you to use neuraltherapy in a controlled and most efficient way